

StarKist E.V.O.O.



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Lemon Pepper Tuna Tabbouleh

2 pouches (2.6 oz. each) StarKist E.V.O.O.™ Yellowfin Tuna with Lemon Pepper in EVOO

1 cup cooked bulgur

1 tsp. extra virgin olive oil

1 cup small diced cucumber

½ cup diced and seeded tomato

½ cup chopped fresh parsley

¼ cup sliced green onions

1 Tbsp. chopped mint

Lemon quarter for garnish



Directions:

1. Place bulgur in a medium bowl and toss with olive oil to keep from clumping.
2. Mix in cucumber, tomato, parsley, onions and mint.
3. Toss well and chill until ready to serve.
4. Squeeze a little lemon juice over top just before serving if desired.

Servings: 7 | Prep Time: 20 minutes | Cook Time: 0 minutes

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