



Wasabi Lettuce Wraps

- 2 cans (5 oz.) StarKist® Solid White Tuna in Water, drained
- ½ cup chopped water chestnuts
- 1-1/2 Tbsp. light mayonnaise
- 1 tsp. wasabi paste
- 10 Boston, bibb or romaine lettuce leaves
- Carrot strips
- Cilantro



Directions:

1. In a small bowl, mix mayonnaise and wasabi paste well.
2. In a medium bowl, mix tuna and water chestnuts together. Stir in mayonnaise mixture and mix well.
3. Place tuna in center of lettuce leaf. Top with carrots and cilantro.

Tips: Drizzle a small amount of soy sauce on top of each (this will increase sodium content).

Use either Regular or Low Sodium tuna

Servings: 5 | Prep Time: 10 minutes

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