

StarKist Selects

E.V.O.O.[®]



Orange Basil Tuna Quinoa Salad

- 2 cans (4.5 oz.) StarKist Selects[®] Solid Yellowfin Tuna in Extra Virgin Olive Oil, chunked
- ½ cup uncooked quinoa
- 1 orange, zested, sectioned and juiced
- 2 green onions, sliced
- 2 Tbsp. sliced fresh basil
- 2 oz. goat cheese, crumbled
- 2 Tbsp. chopped fresh parsley
- ½ cup chopped pistachios, divided
- Arugula



Directions:

1. Cook quinoa according to package directions. Remove from heat and mix in zest from 1 orange. Set aside to cool.
2. With a pairing knife, remove peel and pith from orange. Slice orange sections from the membrane. Cut each orange section in half. Squeeze juice from remaining membranes into a small bowl.
3. Mix about 1 Tbsp. orange juice, green onions, pistachios, basil, goat cheese and half the pistachios into the quinoa.
4. Gently mix in tuna and orange sections.
5. Place mixture on bed of arugula & top with remaining pistachios.

Servings: 4 | Prep Time: 15 minutes | Cook Time: 15 minutes

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