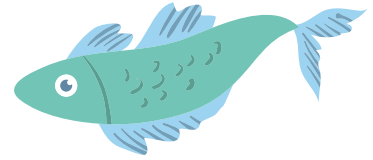


# Charlie's® Word Scramble



1 DWSNHACI

○ ○ ○ ○ ○ ○ ○ ○

Hint: You can eat tuna in a \_\_\_\_\_, on crackers, in a salad or just by itself!

2 NRIBA

○ ○ ○ ○ ○

Hint: Your \_\_\_\_\_ continues to grow and develop into your 20s!

3 TIPRNEO

○ ○ ○ ○ ○ ○ ○

Hint: For strong bones and muscles your body needs \_\_\_\_\_ every day.

4 ATF

○ ○ ○

Hint: Some types of \_\_\_\_\_ found in fish can help keep your heart healthy.

5 MLAONS

○ ○ ○ ○ ○ ○

Hint: \_\_\_\_\_ is a favorite food for black bears because it is high in protein.

6 KSANSC

○ ○ ○ ○ ○ ○ ○

Hint: Healthy \_\_\_\_\_ like yogurt and fruit or tuna and crackers help keep you full until dinner.

7 LHAIECR

○ ○ ○ ○ ○ ○ ○

Hint: \_\_\_\_\_ is the cute blue fish found on StarKist's® packages and in its commercials.

8 SNAVIMIT

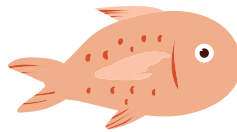
○ ○ ○ ○ ○ ○ ○ ○ ○

Hint: \_\_\_\_\_ have a lot of roles in our body. Some help build strong bones and teeth!

9 TRAEW

○ ○ ○ ○ ○ ○

Hint: Just like fish, humans cannot live without \_\_\_\_\_.



10 G3EMAO

○ ○ ○ ○ ○ ○ ○

Hint: \_\_\_\_\_ is a good fat that helps keep your heart, brain and eyes healthy.

11 RTAHE

○ ○ ○ ○ ○ ○

Hint: Your \_\_\_\_\_ is responsible for pumping your blood throughout your body.

12 UNTA

○ ○ ○ ○ ○

Hint: \_\_\_\_\_ is a salt water fish.

